

# Midland County County Health Rankings Overview

Mike Krecek, RS, MA

Director/Health Officer

Midland County Department of Public Health

April 27, 2011

# Presentation Objectives

- Overview of County Health Rankings
- Concepts/Approach
- Review of Midland County Results
- Comparison to Other Counties
- Regional Update
- Usefulness/Next Steps

# Source of Information

## Michigan County Health Rankings

- MATCH (Mobilizing Action Toward Community Health)
- Similar content to a ranking of States known as “America’s Health Rankings”
  - Michigan in bottom one-half since 1990
  - Overall rank 30<sup>th</sup> in 2010 (also 2009)

# County Health Rankings

National Effort – first release in 2010

- RWJ Grant to Fund a U. of Wisconsin Effort
- Results released end of March, 2011
- One consistent set of criteria for measuring

## Health Outcomes & Health Factors

- Most Data is Multi-year Between 2001 & 2009
- Census, BRFSS, Center for Health Statistics, Medicare, EPA, Labor Bureau, FBI
- County Rankings are a comparison to 82 Counties

# County Health Rankings - Midland

- **Health Outcomes**      **20<sup>th</sup>** (23<sup>rd</sup> in 2010)
  - Mortality-50% (2005-07)      **17<sup>th</sup>** (21)
  - Morbidity-50% (2003-09 or (2001-07)      **26<sup>th</sup>** (26)
  
- **Health Factors**      **8<sup>th</sup>** (9<sup>th</sup> in 2010)
  - Health Behaviors - 30%      **19<sup>th</sup>**
  - Clinical Care - 20%      **6<sup>th</sup>**
  - Social & Econ. Factors - 40%      **7<sup>th</sup>**
  - Physical Environment -10%      **5<sup>th</sup>**

# The Good

Health Outcomes - good (20th)

Health Factors - very good (8<sup>th</sup>)

- Sexually Transmitted infections rate low
- Teen birth rate low
- Primary care provider rate is excellent
- HS Graduation rate very good (85%)
- Some College rate very good (69%)
- Motor vehicle crashes death rate low
- Access to recreation is excellent

# The Bad

- Low birth weight rate higher than desired (7.6%)
- Adult Smoking (21%) – similar to State (22%)
- Adult obesity (31%) – same as State %
- Excessive drinking (17%)
- Uninsured adults (13%) – similar to State (14%)

# The Ugly

- No Items Qualify as Ugly for Midland County
  - Results leave room for improvement
- Several Adjoining Counties are Near Bottom
  - Clare, Gladwin, Arenac and Saginaw
- Others Counties are Middle Range
  - Gratiot, Isabella, Bay

# Data Concerns/Limitations

- Weak physical environment measures
- All data is at least two years old
- Some is up to ten years old
  - 2001-07 or 2003-09
- Much is multi-year
- Some is only one year or two year data
  - Sexually Transmitted (08), Provider care rate (08) Obesity (08) Uninsured adults (07)  
Access to recreation (08), HS Grad (06-07)

# Conclusions

- Data appears useful - although limited
- Midland County is strong in many areas
- Some conflicting data
  - 2011 BRFSS may shed light
- Data to keep an “eye” on
  - Obesity rates
  - Excessive drinking rates
  - Adult smoking rates
  - Uninsured adults

# Looking Ahead

- This data is a piece of the puzzle
- Our BRFSS will be another piece
- Others – YMP, Census, Kid’s Count, etc.
- MiHIA Regional Initiative is using the data
  - Health Dashboard
- Community Health Assessment needed
  - Hospital requirement under Affordable Care Act
- Best practices information

# Closing

- Questions
- Comments
- Suggestions

Does this data help us to work to improve the quality of life for Midland County residents?

# For Further Review

Michigan County Health Rankings

- [www.countyhealthrankings.org/michigan](http://www.countyhealthrankings.org/michigan)

Lonnie Barnett – MDCH

– [barnettl@michigan.gov](mailto:barnettl@michigan.gov)

Mike Krecek – Midland County HD

– (989) 837-6574

– [mkrecek@co.midland.mi.us](mailto:mkrecek@co.midland.mi.us)